



Pain, Mind & Movement: Applying science to the clinic

Satellite Meeting 17th World Congress on Pain

Boston, Massachusetts, USA. September 11, 2018 (World Congress dates: 12–16, 2018)

11:00	Welcome and Introduction Morning session chair: Ivan Huijnen (the Netherlands)	Romy Parker, Chair (South Africa)
11:10	Imaging neuroinflammation in human pain disorders Keynote lecture	Marco M. Loggia (USA)
12:00	The practicalities of educating children about pain Clinical workshop	Laura Simons - Joshua Pate - Felipe Reis - Lauren Heathcote (USA – Brazil)
13:00	8 X 5 session Movement adaptations during a functional reach task in children with chronic pain, before and after treatment, and the influence of pain, fear, and avoidance How can we better integrate Pain, Mind and Movement within the entry-level training of PT students? Developing a national strategic plan for advancing pain education and management in Canada Identification and initial validation of low back pain nervous system processing subgroups using performance-based measures The role of central sensitization and brain-derived neurotrophic factor (BDNF) in patients with chronic widespread pain and chronic fatigue syndrome: an explorative study Differences between women with traumatic and idiopathic chronic neck pain and healthy women: Interrelationships among cognitive deficits, central sensitization, and brain alterations The effectiveness of graded motor imagery for reducing phantom limb pain and disability in upper and lower limb amputees Is there evidence to support “text neck” as an epidemic of the modern era of cell phones? The effect of social threat on pain-report, pain expression, aggression and empathy	Justin Beebe (USA) Tim Wideman (Canada) Katie Butera (USA) Andrea Polli (Italy/Belgium) Iris Coppieters (Belgium) Katheo Limakatso (South Africa) Ney Meziat-Fiho (Brazil) Kai Karos (the Netherlands/Belgium)
13:40	Lunch break Afternoon session chair: Enrique Lluch Girbes (Spain)	
14:40	8 X 5 session Modulating pain thresholds through classical conditioning Relative intensity judgements: A novel paradigm for investigating classically conditioned bias Sensory and psychological factors contribute to motor outcomes in a high-risk subgroup experiencing exercise-induced muscle injury Pain neuroscience education plus cognition-targeted exercise therapy can improve pain, disability, functioning and pain cognitions in people with chronic spinal pain: a multicenter randomized controlled trial Non-pharmacological management of pain in HIV/AIDS: a bridge too far if you are a poor, depressed South African? The role of pain cognitions in healthcare utilization in patients undergoing surgery for lumbar radiculopathy: design and preliminary results of a multicentre randomized controlled trial Explaining pain to teenagers; getting their head around pain Morphological differences in the upper trapezius muscle between female office workers with and without trapezius myalgia: facts or fiction?	Juliane Traxler (Belgium) Victoria J Madden (South Africa) Katie A. Butera (USA) Anneleen Malfliet (Belgium) Romy Parker (South Africa) Eva Huysmans (Belgium) Anne Marie van Es (UK) Kayleigh De Meulemeester (Belgium)
15:20	Pain neuroscience education in clinical practice: state of the art and future avenues Keynote lecture	Andriaan Louw (USA)
16:10	Mindfulness, yoga and pain: relearning how to move with awareness Clinical workshop	Carolyn McManus - Janet Carscadden (USA)
17:10	Coffee break	
17:30	Graded exposure combined with a lifestyle approach for patients with chronic spinal pain: the steps to follow. A practical workshop Clinical workshop	Iris Coppieters – Anneleen Malfliet – Paul C. van Wilgen (Belgium – the Netherlands)
18:30	What kind of cognitive functional therapy (CFT) exercise has been performed during two randomized clinical trials carried on in Brazil? Clinical workshop	Ney Meziat-Filho - Jessica Fernandez - Julia Castro (Brazil)
19:30	Closing remarks	Christine Lin, Chair-Elect (Australia)